第一期 出版者: -六卷

6D

6A

-6D

6D

4Α

4D

3A

吳浩嘉

許正浩 郭潤恆

侯穎點

鄧旭霈

蘇祈軒

書

院

學聲編輯委員會 編輯者:

新

憶 述 下永生緣 温 年 事 , 緬 懷昔日情 中四甲 林富全 ,

磚牆下,由六十年代,以至剛畢業的校友,與在校教 離台,月有陰晴圓缺,此事古難全。」眼前九十紅 事,緬懷昔日情。 的隆重祝酒儀式下,度過一個歡樂的晚上,臆述當年 職員、英皇仔聚首一堂,在梁乃江教授及陳校長帶領 英皇情繄,連綿不盡。縱使古人云:「人有悲歡

先為一眾師生獻唱「Fly Me to the Moon」和「When 暖・幾分情意;隨後「歌神」張逸峯老師即邁步上 聲下,他再一次踏上舞台,為師生帶來柔情細膩、平 You Wish Upon a Star」,其柔美悅耳的歌聲,扣 圓.掀起一波又一波的學生「湧浪」,傾倒於「歌 台,耳熟能「唱」的《月半小夜曲》隨之奏起,緊接 著一把與蘇同學截然不同‧宏亮、雄厚的歌聲榮繞校 和舒適的「You Raise Me Up」,為秋夜增添幾分溫 人心弦·觸動了全場聽眾。在排山倒海的 · 白色光芒閃爍不斷 · 尖叫歡呼不絕於耳。 面前・爭先恐後地衝向舞台下方・拍攝其瀟灑 當晚樂韻顯揚・「歌唱小王子」三甲班蘇祈軒率 [encore]

正當筆者為之興奮之際一

兒……」熱情宛即火紅牡丹遍地綻放,字詢間的重 神」這一刻威風凜然的夜色姿態・這一刻熱情加火的 點,歌述瀑布般的連聲尖叫,獻花致敬,加上全場節 心,奮勇跳上舞台,高舉相機,白光一閃,紀錄「歌 奏般的掌聲加雷·更讓攝影師壓抑不住其澎湃不己的 音、高低起伏,更凸顯出歌者的深刻體會——少頃 青春胶圓.這一刻團結一致的英皇家庭 歌神」的一個瀟灑轉身,更把全場氣氛推至最高 "但我的心每分每刻,仍然被她佔有,她似這目

> 度畢業的師兄所組成的口琴隊,為慶祝母校九十週 緊接著「Untitled」口琴樂團的演出,亦為是次晚宴 重變化的節奏感:由紓緩而起、繼而激昂、再以平穩 員對母校的感激之情。變奏曲改編自昔日畢業生劉振 的一大焦點。「Untitled」是由本校五位於13-14年 小王子」蘇同學和「歌神」張老師精彩絕倫的演出 而終,急緩有致,完美演繹,無限創意蘊含其中。 邦的創作,以家喻戶曉的「生日歌」為基礎,賦予多 年・特地奉獻《生日歌五重變奏曲》・以音樂傳遞團 卓越的音樂天賦・乃英皇仔向來特色。繼「歌

點滴,回憶那時青蔥歲月…… 頌並呈現一幅壯麗宏觀的天然美景,熱烈歡快的節日 提琴曲而改編成的揚琴曲,連貫有致,一氣呵成、歌 香氣·捉弄著筆者的鼻子。師生校友一邊享受佳餚· 形容。一碟碟色、香、味俱全的佳餚,伴隨著語人的 曲目《節日的天山》。《節日的天山》是根據同名大 律,帶領師生放友共享如今愉悅晚宴,細說昔日校園 喜慶場景。悠揚的琴聲,鮮明的節奏,富歌唱性的旋 一邊聆聽由揚琴首席四丁班許皓晴同學所演奏的揚琴 「音樂晚宴」一稱・無疑乃眼前學生晚宴的最佳

品,加書券、電子輔助產品等,可見籌備方心思細 此外,其他幸運兒也獲得了各式各樣具實用價值的禮 字社章及英皇九十週年紀念版領呔,極具英皇特色; 盒內裝有六十年代復刻校徽呔針、七十年代復刻突 **及歡呼聲下・獲得「英皇九十週年紀念禮盒」乙套・** 獎品禮物十分豐富,最為驚喜的,乃我校無人不知, 密 無人不曉,最受尊敬的培叔,於在座人士煎烈的掌聲 充滿驚喜的抽獎環節・令所有幸運兒都能滿載而歸。 令人皆大歡喜。 跺了精彩的魔術及音樂表演外,校方更悉心守排

事後單者進行採訪,對於突加其來的小幸運,馮

吳惠琼老師 負責老師:

英皇書院

顧問老師 (中文版) (英文版)

郭子芳老師 吳若航老師 進老師 白建文老師 陳 周振忠 輯 -6D

副總編輯:

(中文版) (英文版) 廖浩丞 楊文繇 -6D 林富全 4A 黃嘉維 林佳俊 方則謙 何諾熙

輯: 編

(中文版) (英文版) 馮子游 -6D 張漢清

風 -6A 4D ·4A

戴曜陽 吳漢華

> 耆 :

記 鍾曜匡 黎子康 -4A

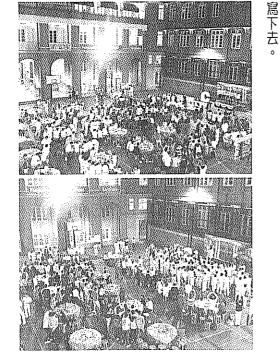
時光。 時很少有如斯機會與一眾同事和學 次晚宴為一個難得的聚會,因為平 慧珊老師感到驚喜·並欣然表示是 生聚首一堂,一同享受加此快樂的

祝活動奏響了一首動人的前奏曲。 除了是一場聯緊情誼的晚宴・同時 共唱校歌下完美落幕。這次晚宴, 又歡愉的晚宴,並在師生校友齊心 亦為英皇書院九十週年一系列的慶 是次晚宴,無疑為一場既成功

存心中。 遙遠,不論經過十年寒暑,百年春秋,永不間斷,永 師的感激、對同窗的情誼・不論時間的流逝・距離的 英皇情繄,連綿不盡。彼此對英皇的情懷、對老

共同守護和弘揚;這段歷史・由我們承傳,以及・撰

這段情緣,在英皇書院開胎:這個家,由我們去





訪問學生:林佳俊、林嘉威、林富全、鍾曜匡受訪學生:麥志鏘

學文憑試狀元,你也許毫不驚奇吧。本報有幸能 專訪,與師弟分享經驗、傳授心法。 邀請這位卓犖不凡的師兄——麥志鏘,撥冗接受 雅,若有人告訴你:他正是英皇書院首位香港中 地。一身簡樸裝束,但見他的行為舉止,何其儒 畢業已近兩載寒暑,這天,他再度重遊舊

# 生活上的180。轉變

由 得多,即使自己就讀的是壓力相對較大的醫科, 空閒的時間與中學時期仍是不可同日而語 兩字。他表示在大學學習比中學的生活輕鬆 在港大醫學院就讀逾載,師兄多次強調「自

只得男同學吧! 嘆道:「當晚我收獲了許多富啟發性的想法,真是 劉進圖。」他眼神中閃爍着興奮的光芒,由衷讚 宴便邀請了政界名人范徐麗泰及《明報》總編輯 及多樣化的活動,師兄憶述道:「去年的高桌晚 社交圈子擴闊了不少! 個特別又富意義的活動。」師兄又指出自己的 另外,就讀港大固然比在中學時期有更密集 -至少上課時身邊的不再

# 二、升學路上的諸多抉擇

而沒有選擇生物科。」 長的企業、會計與財務概論及經濟,還有化學, 標,未確定以醫科為出路,所以我選擇了自己擅 當年選讀選修科時,其實我尚未有明確的目 師兄在訪問中屢次談及「抉擇」,他坦言:

懸壺濟世的醫生了。」 覺得不適合自己,後來便決定了將來要成為一位 「我曾經有考慮升讀法律或商科,但後來又

擇,最重要的是你必須為自己的決定負上責任; 抉擇,更以自身經歷提點師弟:無論你如何抉 範圍自修一遍,甚是辛苦。但他並不後悔自己的 學院後他需在短時間內把文憑試中生物科三年的 耿於懷只會徒添煩惱,自怨自艾亦於事無補。 人生沒有退路,你得一往無前;反之,為過去耿 師兄為他的抉擇付上了一大代價— -升讀醫

# 醫科課堂上的理論與實踐

浮現出一個身穿手術袍,手持明亮手術刀的年輕 特及新穎的模式吧! 學討論資料中的病人患上甚麼疾病、須採用甚麼 堂以小組教學,教授會給同學們一些資料,讓同 實驗外,還有每周兩次的「問題導向學習」。課 講課(二百餘人一起上課)及與中學模式相若的 治療方法等,相信這對英皇仔而言是一個十分獨 怖。師兄這次便親身解畫:就讀醫科的首三年除 人,被消毒藥水濃烈刺鼻的氣味包圍着,俯視着 一堆充滿血絲,血淋淋的器官的畫面,甚為恐 醫科的課堂是怎樣的?也許諸位讀者腦海會

醫學院裏所有同學都是尖子,但大家升上大學後 試,不合格的話甚至要留級!然而,師兄卻表 不大。」 只要有複習,合格也是輕而易舉。所以壓力真的 會結算分數,只有『合格』與『不合格』之別, 其實都是在同一條起跑線上;另一方面考試並不 示:「很多人都覺得讀醫科競爭很大,會壓力 『爆煲』,但其實此想法不太準確:一方面雖然 另一方面,首三年中醫學院每年只得一次考

# 四、文憑試上的應試心得

付一場考試了。」 悔』。」師兄又笑言:「現在的我習慣了大學生 能調整心態,以最佳狀態應試,才能『搏盡無 習及定時溫習,知識日積月累,從而鞏固己學; 活,恐怕難再如以往一般讀書讀得廢寢忘餐去應 又會『行街、 而臨近考試,我反而會降低溫習的密度,同 發奮讀書,忙得連睡眠時間也不足。我平時會預 動,畢竟以後難再抽空參加。升至中五時才真正 付文憑試,師兄這次正好滿足了同學的好奇心: 「踏上高中的第一年其實我比較側重於課外活 相信不少讀者最感興趣的是師兄以前如何鷹 食飯、睇戲』, 紓緩壓力,務求 時

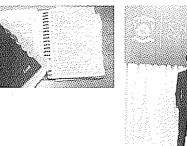
限時,應試時才不會有做不完的情況。」 以確保自己定期溫習,不會放緩學習進度。另 表!」師兄脫口而出,後解釋道:「時間表可用 ,做功課、操練模擬試卷的時候,亦得為自己 問到甚麼對同學的學習裨益最大時,「時間

> 二法門。」 主。語文是沒有捷徑的,多讀多寫才是進步的不 困難的學科之一,有見及此,師兄最後亦特意分 高中學生沒有足夠時間,則應以訓練作答技巧為 都必須多閱讀書籍或文章,才能培養語感。如果 不了;無論眼前的題目是白話文,還是文言文, 鍛錬應答的方法絕非『死背單字』,這樣一定記 享了他的「中文閱讀錦囊」:「應付文言題目, 中國語文素來被視為文憑試中要取得高分最

**吝於解答同學的疑問,認真地對待訪問中的每一** 心正是令成功信步可達的條件啊! 道問題,亦給予了同學不少勉勵。他的認真,熱 侃侃而談,不經不覺已過兩小時。師兄毫不







訪問學生:林佳俊、鍾曜匡、林富全 受訪學生:葉國霆

霆師兄。接受《學聲》專訪時,他淡定自信,以 平和自然的聲線向我們分享了他的「學習心,英 香港中學文憑試勇奪六科5\*\*的傑出學生——葉國 旁,與一位師弟悠悠傾談著。他,正是於上學年 皇情」。 一身樸素便服,他佇立在學校圖書館外的窗

## 、5\*\*\*的化學方程式

5\*\*的耀眼光芒?師兄詳盡分享了一些個人心得, 並給予了寶貴的建議: 什麼反應物的碰撞才能產生化學反應,綻放 見

第

從

未必負擔得起後果。」

他認為學生能通過活動

因為自己

走出社會後,我們便很難再『撞板』,

「參加課外活動提供了『撞板』的機會。

分同學認為應專注學業,

師兄卻別有一番

撞板』不要緊

所以「撞板」並不要緊,最重要是「知錯能改

處

效應」,你懂的

而認清自己的不足,提供了三省自身的機會

善莫大焉」。

道

I

### 宜:長期積累、記錄錐記、 以個人文字記錄所學或錯處,才能真正明白其精髓 鍛鍊營題技巧、费達技巧 語文科免不了背誦,抄錄新學知識,以方便下次使用 忌:臨急抱佛腳 整理筆記,常溫故知新 宜:多閱讀,訓練理解能力 閱讀文章最重要是了解中心思想,多閱讀能提升理解 語 文 忌:過度著重答題技巧·小學而大遺 能力,分辨文章重點和支線部分 文 宜:培養時事觸覺、計劃內容大 運用概念詞,尤其用於中心句能予人耳目一新的感 科 通 綱、參考課本論點、論述與 環,且可精節清晰表達 例子、累積概念詢、套入實 套用例子利於表達,避免內容沉悶 識 際例子輔助推論 「一邊寫一邊想」最為耗時,建議先計劃大綱,即論 忌: 重量輕質、作純推論, 欠缺例子 點、論據與例子之配搭,避免出現矛盾 數理 數理科最重要是先透徹明白科目內的概念,再加應用 官:多提問、單元之間融會費通、緊 積額外新知識 通過提問,了解自己理論或邏輯上的盲點 科 通過應用(如實驗或操練試養),體問理論與邏輯 忌:自以為足夠清楚明白而又不應用 考試前夕的準備

臨考不要再「臨急抱佛腳」去操卷,作用不大。重讀一遍自己的雜記,這些便是一直以來累積的知識,然後稍 作娛樂作緩衝,或整理收拾應考物品,接著便可休息睡覺,因為第二天一早便要考試,定必難以入睡

英皇這個讓 全意讀書,為前途奮鬥—

# =

背景好壞。這個職業給予人最大的滿足感並不在 術,使人體作出調節和排解,這相當有趣。」此 將來能成為一位好醫生。 獲得更多啟發,也要繼續裝備知識和技能,冀盼 容這只是個開始,他仍需繼續接觸這份職業,以 係非常難能可貴。」對於入讀港大醫學院,他形 仁,無條件地給予病人治療,而從不考慮他們的 「我覺得醫生最吸引人的地方便是他們會一視同 |作分享與醫學介紹,萌生了對醫學的熱情。他 經歷,讓他親身接觸到醫生的工作。他說: ,透過參加校內舉辦的「工作影子計劃」的活 ,而是醫生與病人間的互信。我覺得這種關 嶄新的醫療科技與技術;通過醫生主持人的 「雖修讀科學,但如何才能應用科學於醫 一個醫學電台節目的無意邂逅 ,令師兄接

動

# 「濃厚英皇情令我感到溫暖

情」。 忌 情非常濃厚及溫暖。」 他們也總會無私地給予資料、筆記和材料。」他 論是辯論比賽抑或學習,都能找到師兄幫忙, 深刻:「師兄弟間的相互幫助令我感到溫暖,無 成 到 冮 識了一位畢業已久的師兄。直至放榜前和入大學 接著分享:「我中五時曾參加『師友計劃』, , 長,由於沒有階級上的分別,彼此間沒任何顧 欣喜。在這裡,大家能在一個平等的環境一同 至今他卻仍記得我,令我覺得這裡的師兄弟 亦無太大競爭,從而孕育了濃厚的「兄弟 他仍以短訊鼓勵我 對於就讀於英皇書院這所平民中學 此外,「薪火相傳」的精神亦令師兄體會 、關心我。時間相隔甚 師兄感 認 而

與應屆畢業生的真摯寄語。他又道:「不要忘記 莫及;讀書時須懂得取捨,踏入中六,便應全心 要辜負他人,辜負自己,不要讓將來的自己後悔 英皇,將自己的心得經驗向師弟分享。 。畢業後,要盡量將自己的長處、經驗回饋給 常言「搏盡無悔」,做任何事都應盡力, 你成長的家,每個英皇仔都有其長 這是師兄贈予眾師弟 不 出眾的同學,大多都互相分享學習材料。「協 同 七

# 醫療工作帶給我難能可貴的互信

摘

星生

處

方

同學皆是提問的好對象。通過提問 熟習課題時 道自己的思維盲點,繼而改進,自困愁城則故 起跑線」。 六七小時的溫書時間。尤其,當同窗加操練習 敢於提問 若你每堂皆頹唐虛度,你每天就比他人少 上課認真聽 你始重新理解課題,可謂 也要不恥下問: 認真做: 每天上課約六七小 老師、 ,你才能知

二輪在

師兄及

練習時所學到的新知識、犯過的錯誤、校內和 沙成塔的成功之道 補習老師教授的技巧,不時溫故知新,正是聚 整理筆記, 溫故知新: 以自己文字記錄 做

步自封

興項目,應平均分配各科的溫書時間、試卷操 練時間、核心與選修科的比例等,再盡力切實 行, 制定時間表, 每月作檢討和修改 成功不二法門:溫書並非即

小時才盡情娛樂! 0 溫書時溫書, 切勿「玩一會、溫一會」, 遊戲時遊戲: 寧願全力溫 關閉手機和電

腦

 ${\it \Xi}$ 

兩

互相勉勵,方能事半功倍。數目不要多,多則 一些同樣認真、意志堅定的朋友作伴共讀 良朋共讀:除學術問題, 盡量少談閒話。

找 六

副

正的戰場是公開試 自己弱點和錯誤, 分享學習材料,集思廣益:綜觀多年成績 眼光要長遠: 並討論如何改正。緊記 校內考試的用處是讓你得悉 • 真

訪問學生:戴曜陽、吳漢華受訪老師:姜愷忻老師、劉紫慧老師

中普通話科的劉紫慧老師便是其中兩位。本報有 任教高中通識及初中歷史的姜愷忻老師和任教初 幸邀請到她們接受訪問,讓同學能多了解這兩位 新學年,不少新老師加入了英皇的大家庭

英明慎思九十載 皇者風範勿囂張

光輝歲月盛世再

皇仔」的期望。在任教英皇 是一所女校,這是她首次任 書院前, 姜老師曾在德望學 一首詩,滿載姜老師對「英 校任教五年,由於德望學校

勸君品行用心栽

教男校,相信英皇能為她帶來難忘的體會

### 、難忘經歷

生, 數人的意見下,選擇去張保仔洞。」她續道: 目然是發生於此。 姜老師分享道:「 大約兩三年 部分同學並不是很願意,但最終還是在大多 最後改往張保仔洞。由於當時的學生都是女 原本打算於沙灘進行活動,但因潮漲的緣 我是中五級的班主任。當時大家去長洲旅 任教德望中學五年,談及難忘的教學經歷

> 過程中亦令她們學習到要勇敢面對挑戰,並堅持 完成目標。」 「儘管洞裡十分陰暗,她們有時會感到害怕,但

學生舉辦聖誕、新年聯歡會,師生之間經常會互 相為對方預備食物,甚至互相贈詩,姜老師認為 這些經歷也是非常難忘的 此外,姜老師亦表示她在德望學校時也曾與

## 二、勸君品行用心栽

的詩中,字字鏗鏘、句句語重心長:英皇人代代 培養良好的品德,同時,她相信同學們可以保持 們不能因此而自傲,而應加緊修心養德,始能為 秉承「慎思篤行」校訓,創造了輝煌成就。但我 英皇綻放更耀眼的光芒。箴 一貫優良的傳統,力求進步。在姜老師悉心創作 學業固然重要,但姜老師認為最重要還是要

更深一步的認識、了解。 過本報的專訪,對劉老師有 慧老師,希望同學們能夠透 另一位接受訪問的劉紫 反思。 

### 興趣廣泛

外 香港島等不同地方遠足。此 自然, 所以偶爾會到西賣 師 ,她也有閱讀的習慣 表示她平日喜歡親近大 談及個人興趣,劉老 且

值得各位同學回味

戲劇、舞臺劇和聽音樂等,她更歡迎各位志同道 不限於電子書或紙本書。劉老師亦喜歡看電影 有更深的體會。 合的同學在課餘時間與她交流心得,從而對內容

### 二、對英皇的印象— -團結

為傳統名校生的凝聚力和團結。」此外,加入英 和最欣賞的地方。」 神」,她說:「這正正是英皇生令我印象最深刻 同學,亦從校園生活中體會到同學的「無花果精 皇書院一段時間後,劉老師認識了不同的老師、 社還是籌備委員會中,都能深深感受到英皇仔作 的活動竭盡全力。她表示:「無論在學生會、會 劉老師欣然見到同學們不辭勞苦為學校林林總總 恰逢於英皇書院九十週年加入這個大家庭

# 三、寄望能薪火相傳

能夠發揮所長,成為菁英中的菁英。」 的美德;將來,不論是為香港,或是為國家,都 精神』,不啻在學校,更能於社會上展現無花果 一番:「希望同學能夠傳承英皇書院的 在訪問將近完結時,劉老師不忘對同學勉勵 『無花果

長,孜孜不倦,為社會作出貢獻,有所作為,不 的「無花果精神」,薪火相傳;傾力發展自己所 銘記老師的教誨,秉承著英皇書院一向引以為傲 聽畢兩位老師對英皇生的勉勵,相信同學定必會 能在英皇書院度過一段美好而難忘的教學生活。 辜負老師對我們的期望 最後,我們衷心希望劉老師和姜老師接下來

ф 六甲

周鍵汶

· 在部部的

None in

### 成立由來 中等 虚 参 四

戲劇但對自己英語沒有信心的同學卻步。有見及此,學校決定 作英文戲劇。這不但讓戲劇製作的難度增加,更讓許多渴望投身 會。不過,由於我校是一所英文學校,當時的戲劇學會只注重製 學會的由來。 作。從此之後,戲劇學會便分成中、英兩學會,這便是中文戲劇 新增一個學會,讓學生可以自行選擇參加中文或是英文的戲劇製 。戲劇學會歷史悠久,它為學生提供了實際參與戲劇製作的機 中文戲劇學會在二零一二年正式成立,它的前身是戲劇學

### 戲劇知多少?

舞台劇就像一輛沒有引擎的跑車,徒有外表卻發 學都是以擔任演員為目標。然而一套沒有後台的 台就是負責演出的演員們,亦是一套舞台劇中最 台和後台。當中涉及了大量的人手,負責擔當不 揮不了其真正作用。因此,除了演技訓練之外 為人熟悉的主要元素,大部分參加戲劇學會的同 同的崗位。每個崗位都是重要的,缺一不可。前 戲劇學會亦十分重視後台。 般來說,一套舞台劇的製作單位分成了前

### 甚麼是後台?

責演員的演技指導。演員在台上的一舉一動 眾所周知,導演是舞台劇裡的主導人,他負 或

等。因此,導演可以直接影等。因此,導演可以直接影等。因此,導演可以直接影響,是麼時候開始?」,樂甚麼時候開始?」,樂甚麼時候開始?」,

多或少都是依着導演對劇

時說的後台工作人員。舞的掌舵人,亦即是我們平(Stage Manager)便是後台總負責人,那麼舞台監督總負責人,那麼舞台監督

助,表演才能順利進行。 台監督基本上負責統籌整部戲的製作,上至財務台監督基本上負責統籌整部戲的製作,上至財務 台監督基本上負責統籌整部戲的製作,上至財務 台監督基本上負責統籌整部戲的製作,上至財務

計,便不能不提舞台劇的特別之處。舞台設計人員也是大家熟悉的。當說到舞台設外,負責設計道具、角色服裝、還有各式各樣的除了導演,編劇和監製這些廣為人知的職位

55

在一起,互相配合,表演就像一塊塊拼圖,只有拼

怎樣學習話劇?

基本知識,同時參與更多學,應好好學習舞台劇的此, 對戲劇 有興趣 的同來說絕不是一件易事,因來說絕不是一件易事,因

而除了校內,參加一些聯校舞台表演正好達到這校外表演,吸收經驗,為成功的表演奠下基礎。

些目的。

藉此感受團體工作帶來的協同效應。 位的重要性,培養團體精神,發揮自己的長處,擔當不同的崗位,是次活動可讓同學明白緊守崗分析問題、發表意見及聆聽別人。同學在話劇中參加者能以話劇作為橋樑,在過程中學會客觀地例,他們每年均會邀請不同學校參與話劇演出,以筆者曾經參與的聯校舞台大搞作(JSBNS)為

**滿足惑和知識。** 的學問,它同時為我們帶來其他活動無法比擬的錄。但正如筆者之前所提到,戲劇是一們極高深當然,參加舞台劇的好處太多,在此未能盡

一分力。 戲劇的同學,多加參與戲劇活動,為推廣戲劇出戲劇的同學,多加參與戲劇活動,為推廣戲劇出

### 甚麼是手球?

### 我和英皇手球隊

寰的心得和經歷,增加我們對手球比賽的認識。等等,而且每一次訓練完結後會分享他在學界比手球隊的訓練,協助我們訓練體能,球投和合作練時,師兄對我嚴謹的訓練。師兄們很喜歡回來只有短短的兩、三年,但我還記得第一次參與訓是一個薪火相傳的團體。我打手球的資歷不長,是一個薪火相傳的團體。我打手球的資歷不長,

## 比賽激況歷歷在目

支撐着球隊在風雨中站穩腳步,即支持,教練和梁老師的指揮及隊長的叫喊聲,隊友。但在比賽中,隊友鼓勵的說話,場外師弟都戰戰兢兢,一方面怕落敗,另一方面害怕拖累自有強中手,我們經常遇到強隊,每次比賽前我但那些比賽的片段仍然歷歷在目。比賽中,強中個部

實是感恩。 通,在繁重的學業中有此回憶,之間的友誼,師兄弟之間的满並不是球技如此簡單,而是隊友地。在英皇手球隊中最大的得着地。在英皇手球隊中最大的得着

### 今昔英皇手球隊

實有所變化。因為學校縮班的手球隊的現況相比以往,確



- 六丁 安一嘉

影響,學會和球隊的數量沒有減少,間接令新隊 練習,但無奈分身不暇。相比起師兄們每次都齊 席,也有是其他校隊的成員。 有時候他們想參與 升學科成績。工作上,很多球員,特別是高年級 和工務繁忙。在學業上,不論高低年級的同學都 率也減少了,這並不是球員懶散,而是因為學業 員的人數減少。除人數上的轉變外,在訓練出席 的同學,身兼多職,例如:社長,其他學會的主 十分重視,所以有安排了很多補習班,希望能提 人訓練,我們實是有所不足。

> 書,並不是只有學業,同學們應多參與校內活 自己的方法,對學習也有所裨益。在英皇書院讀

天練習時間並不為過,在繁重的學業中找到放鬆

貢獻。同學們記緊自己有一天也會成為高年級的 動,認識更多同學之餘,也是對學校的傳承作出

our school!

以刻苦努力,繼續為英皇書院爭取榮譽。Glory to

There will be new boys then"

希望師弟們可

同學,英皇書院多年的歷史就靠你們寫下新的

一頁。正如校歌所提到"soon we will be grown

### 最後感言

弟,免得在師弟面前班門弄斧。可是不只我一 皇,心中萬般不捨。本人球技不精,實難教導師 要掌握好時間分配。」我相信一星期內抽一至兩 績,另創英皇手球新高峰。藉此機會,不單向手 有一番期望,期望有一日師弟可以超越過往的成 人,而是整隊手球隊的師兄,都對接棒的師弟們 球隊的隊員,更希望向各位同學說一句:「真的 作為中六的手球隊隊員,就快畢業離開

一系的 棹 IÌ.

中五乙

徐

個壞球 (不進好球區,擊球手沒有揮棒) 便保送一 個好球,擊球手出局。相反地,如果投手投了四 是一個好球 (\*兩好球時不計)。如果投手投了三 如果零好球或一好球時,擊球手打出界外球,也 上、手肘以下),或是擊球員揮空,為一個好球。 板兩邊的垂直線以內,擊球員膝蓋的水平線以 壘。如果一名擊球員在沒被出局的情況下,順序 好球和壞球:但如果投手投球投進好球區(壘

9

踏一壘、二壘和三壘 反回本壘為得一分。

並

### 擊出球出局:

有着地,而被防守球員接 到,稱為接殺。 一、當擊球員打出的球沒

包上,而被接到球的手觸碰,為觸殺 後,擊球員或跑者不在壘 二、當防守者手中接到球

7

只在球的打法。

壘有人,球擊出後着地,一壘跑者必須跑,但三 三、當擊球員打出球後,或當跑者被逼跑壘的稈 部分觸及跑壘者下個壘包,為局殺。 壘跑者不一定要跑),防守球員接球,而身體任 球員不能同時佔有兩個壘包,因此如果一壘和三 況下 (因為擊球員擊出球後必須跑上一壘,而二個

\*當擊出高飛球,壘上跑者必須在接球後才可

進攻球隊利用打和跑上壘,擊球員想辦法擊

壘,三壘和返回本壘才可得分,但三出局後攻守 出球,希望推進壘上的跑者。並順着一壘,二 交換。就像這樣,一場比賽打九局,得分較高為

和同學的動態,為同學送上九十周 勝。 是一個很沉悶很無聊的遊戲,但是理解棒球不應 、學校手球隊 你可能還是不理解球的玩法,可能你認為這 劇學會、南亞裔學生生活情況及新 老師等介紹和報導,務求讓同學更 深入地了解現時學校不同團體的發 展和近況。英文版則除了新老師及 校園活動介紹外,還有青少年就業 情況和校本評核等評論文章 同學能用新思維思考,凡事多思 多想、多評鑑

在此我希望同學繼續支持 《學 並祝願下期的 《學聲》 , 延續薪火相傳的英皇精神。

### 編者的話

這期《學聲》幾經波折終於能 , 作為總編輯 我對校 順利出版 長、副校長、兩位吳老師及 問老師不勝感銘。如果沒有編輯們 的努力和老師們相助 各項專題 ,以至文稿,都未能整合 一份完整的報紙。縱使在出版的 過程中,同學課業忙錄,文稿的收 集有時頗為繁瑣,但通過各方面的 加上同學和老師之間的緊密 · 都使這些問題迎刃而解。 溝通

今期中文版緊貼校園活動

mental, 10% physical - Yogi Berra 生什事,這就是棒球的特別。"Baseball is 90% 事。或者,有時候甚至你也可能不知道比賽發 在很少時間內判斷傳哪一個壘包不是一件容易的 信心。防守者不但精采的飛撲來拿出局數,他們 間利用很少的線索判斷,以擊出球去打擊投手的 球手,擊球手想辨法估計球種,或是在很短的時 球,滑球,曲球,變速球,用不同的配球欺騙擊 是一個鬥智遊戲,投手有不同的球種,例如直 棒球就只是在於棒和球嗎?當然不是。棒球

無論輸贏,"It was a beautiful day for

ballgame" 這句掛在棒球人的口邊。幻想你在看 入捕手手套的氣勢的聲音,或是球棒打中球心陣 **撼的聲音,再加上球迷的歡呼和喝倒采聲作為背** 一場球賽,陽光普照照亮球衣,投手投出的球進 就是球迷的爱;棒球是一個鬥智遊戲,這就是球

### 樂,其實是棒球最可愛的 — 面 事語

訪問、撰文:**凌風、張漢清** 

的學生,他們都表達了對香港與家鄉文化的看法。 裔學生張艾度與穆罕默德都是在本港出生的少數族裔而入讀我校 題,我校的收生也有包括少數族裔的學生。兩位中一的巴基斯坦 容納多元文化與少數族裔教育一直是香港教育上的重要議

傳統照舊,面貌依然。」言語間同時透露對家鄉的思念與對香港 香港來,隨時間的變化要少得多。「基本上我的家鄉都沒變過, 談到家鄉,張同學笑說「曾經回去過很多次」,但家鄉比起

說,其中絕大部分與他們信奉的宗教——伊斯蘭的文化有關,其 點,他笑説「倒是沒甚麼,吃東西的時候注意一下就好」。 中最明顯地在日常生活中表現出來的就是食物方面的一些限制。 關之食品,因為傳統上伊斯蘭教視豬肉為不潔的食物。就著這一 由於宗教的限制,伊斯蘭教徒不吃豬肉,或任何與豬的身體有 至於家鄉的傳統與文化,到底包括些甚麼呢?穆罕默德同學

們取了一個折衷的辦法:在不違反經文的情況下,靈活調動禱 下,回家再禱告就好。」 禱告。然而禱告是伊斯蘭的重要一環,不能放棄。有見及此,他 的禱告是有定時的,但由於上課規律的限制,不可能在上課期間 告時間,令禱告得以在家進行。張同學有這樣的說法:「將就一 一方面,初期讓他們比較頭痛的是祈禱的問題。伊斯蘭教

生對他們很友善,甚少在適應方面遇到困難。首先是語言方面, 同學與老師也對我們的傳統習慣表示理解,也沒有太多讓同學難 面,英語成為了主要的溝通渠道。「在這間學校大家的英語都很 他們的家庭早就定居香港,不是不懂英語的一群,因此在語言方 好,沒有溝通上問題。廣東話不是母語,不過溝通還是可以的。 在訪談的期間,張同學與穆罕默德同學多番強調,學校的師

溝通能力與香港人,包括學校同學對於少數族裔同學的理解與平 能夠像其他學生一樣過平常的校園生活,張同學歸功於上述的

> 校園生活就變得更加簡單,學習生活也沒有大問題。我們一定要 的儀式或者習慣。」 要,所以我們在香港沒有太多家鄉的習俗,卻會保留一些宗教上 尊重家鄉的文化,這是毋庸置疑的,但是適應本地的文化也很重 們感到我們是這裏的一份子。如此一來,我們適應和融入這裏的 等待遇。「大家都沒有把我們從其他學生中特意分開來,這讓我

### 自述

外,還寫了一篇自我簡述文章予本報刊登。) (本學年已是中六的Prajoal Phagami,繼上學年接受本報訪問

喜歡。 中文老師替我改的,跟我本來名字發音有點似,又有意思,我很 我叫Prajoal Phagami,中文名是白嘉俊。這中文名字是我小學

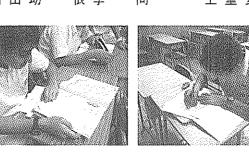
逗留過很長時間,但我懂尼泊爾文,這全靠家人用尼泊爾文溝 題,只是讀寫中文有困難,未能得心應手。雖然我沒有在尼泊爾 稚園及小學都在本地讀的。很多人告訴我,從我的樣子,看不出 通;也因為我小時候很愛說話,既講粵語,也講尼泊爾語,所以 我是外地人。我也可以用粤語與同學和朋友溝通,完全沒有問 這兩種語言我現在都很流利。 我是尼泊爾人,但在香港出生。自小,我就在香港生活,幼

飯,聊天,享受家庭生活。 日爸爸媽媽忙上班,我忙上學,下班放學後我們就回家,一起晚 除了溝通語言,我的家庭生活與一般香港家庭是一樣的,平

結婚或生子就有這習俗,我覺得挺有趣的。 手點在我們額頭上,代表祈求上主的祝福。尼泊爾人每逢新年, 有次回鄉探望親友,當時剛好是尼泊爾新年,祖父祖母將紅彩用 對於故鄉傳統的文化和習俗,我認識不深,我只記得小時候

影響,但我當時也很擔心尼泊爾人民,所以我盡了力捐錢,希望 能幫助他們 上年尼泊爾地震,傷害了很多人。幸好,我的親友都沒有受

進步,我也要向幫助我的老師和同學說聲多謝 最後,我希望自己可以克服困難,在讀寫中文方面能夠不斷









# 近代一孝」價值的傳承中六丁馬子游

「孝」與「悌」分別是些甚麼?在中國儒家學說中佔據著一個特別重要的位置。那麼心,而「孝悌」則被稱為仁的根本,可見其觀念一直者也,其為仁之本歟。」仁,是儒家道德觀念的核《論語》有云:「君子務本,本立而道生,孝悌

對兄長要恭敬。 父母親則要孝順、敬重;而兄長對弟弟要友善,弟弟「兄友弟恭」。 即作為父親的對子女要慈愛,兒子對弟弟對待兄長的正確態度。儒家強調「父慈子孝」、倫。「孝」是子女對待父母的正確態度,「悌」則是

上的百姓克己復禮,社會秩序便得以維持。在儒家學者眼中,透過倫理中的責任約束情份,社會「悌」是教化百姓彼此敬愛、堅守禮節的最佳方法。於孝;教民禮順,莫善於悌」。所指的是「孝」、先秦《孝經・廣要道》道:「教民親愛,莫善

規、陋習全在一個「孝」字的遮掩之下泛濫肆虐,使 準則,「孝」觀念演化為封建政權的政治態度,統治 無數中華兒女的才幹和靈性在家族權威的壓抑中銷聲 崇尚的民主自由與公平原則。更可悲的,是家族的陳 者按喜好操縱規範,不遵從者被視為大逆不道。這樣 士大夫、百姓等不同階層的人們各自訂立了不同孝的 徵。當時被扭曲的「孝」被帶到戰場和官場上,使人 扭曲,本來出於自然的階級觀念淪為專權、獨裁的象 予」別有目的的新內容。好一些道德觀念都為世人所 於合理的道德考慮,以長輩與後輩互相敬愛,維持社 患、混戰之中。孔子提出的「長幼有序」,本來是基 的複雜性在於封建時代,孝的倫理觀念不斷被「賦 曾秩序為準則,長與幼的責份是相對的。可是,問題 們的任何舉動都處在「孝」觀念的監護之下。帝王、 來悖離了「孝」的最初宗旨,而且違反了現代人們 然而,不幸的是儒家學說的興起是在天下的憂

三歲兒子。魯迅在文中以其辛辣的筆風寫下其感受: 上,也不會有比母親的反感。據說郭巨為了養活母親,竟要活埋歡蹦亂跳的 大幸福。即使睡在馬路子」們的虛偽一面,其中他對晉代人郭巨的故事最為 是我世上所能看到的最教的工具。他還在《二十四孝圖》中譏諷「模範孝 道:「母親幸福的笑容迅,曾經反覆提醒群眾孝的倫理不過是統治者用以宣 王一 民在書 中寫不合理的現象,例如「愚孝」。民國時期的作家魯 行呢?

我的父親竟學了郭巨,那麼,該埋的不就是我麼?」另一面成為不折不扣的殺人犯。魯迅還記道:「倘若看,倘若郭巨真的埋掉兒子,他便一面做著孝子,而孝子,並且怕我父親去做孝子了。」以魯迅的邏輯來釜,這才覺得輕鬆。然而我已經不但自己不敢再想做「我最初實在替這孩子捏一把汗,得到掘出黃金一

便已是盡了最大的孝道,報效父母的最佳方法。世,以顯父母,孝之終也。」不論成就的大與小,只弘揚的美德。《孝經》有云:「立身於道,揚名於後弘揚的美德。《孝經》有云:「立身於道,揚名於後不但不應為怪,反而該是一種值得仿效的典範,值得加判儒家孝道的本質。正當的孝敬父母、膽養老人,上點。清末民初的思想家所批判的,也是「父權」、一點。灣末民初的思想家所批判的,也是「父權」、會迅自稱是「極願意孝順的」,史實也引證了這

母親事事關心。有一母親事事關心。有一個親事事關心。有一個與上卻可深刻地體會「孝」細膩的一面。天下間的此的孝心和毅力熬過去,帶著母親欣賞一個又一個景中,花了三年時間從中國最北部塔河走到最南端的三年時間從中國最北部塔河走到最南端的海南島。儘管在路途上吃盡苦頭,王老先生總能憑著無事,花了三年時間從中國最北部塔河走到最南端的海南島。儘管在路途上吃盡苦頭,王老先生總能憑著無中,在了三年時間從中國最北部塔河走到最南端的海南島。儘管在路途上吃盡苦頭,王老先生總能憑著無中,在了三年時間從中國最北部塔河走到最南端的海南島。儘管在路途上吃盡苦頭,王老先生總能憑著無中,在了三年時間從中國最北部塔河走到最南端的海南島。儘管在路途上吃盡苦頭,王老先生總能憑著無中,是一名年邁的孝子。當時年故事的主人翁王一民,是一名年邁的孝子。當時年故事的主人翁王一民,是一名年邁的孝子。當時年故事的主人翁王一民,是一名年邁的孝子。當時年本語,

大幸福。即使睡在馬路是我世上所能看到的最高,但何當不是一件孝小但何當不是一件孝小,因此不到擀麵的地方,兒子便用自己的後背讓母子便用自己的後背讓母子便用自己的後背讓母子,母子倆在路上煮刀大幸福。即使睡在馬路

?」 是一件讓我感到十二時本 起聊著天欣賞風景的,而 在旅途中和母親體輯來 我在哪兒都可以。

在」的遺憾,只能與父母以淚相送。 和介紹與一次,是在一起,分享自己事業有成的喜悅。然為,那時我的父母就不會死。」在他的奮鬥生涯中,諾貝爾物理學獎得主崔琦曾坦然:「如果我不出外讀諾貝爾物理學獎得主崔琦曾坦然:「如果我不出外讀話貝爾物理學獎得主崔琦曾坦然:「如果我不出外讀話貝爾物理學獎得主崔琦曾也然:「如果我不出外讀話貝爾物理學獎得主崔琦曾也然,」在他的奮鬥生涯中,

母已經老去再去 於人間。

保持這份親情

Old boys new boys winning glory We ourselves must write the story





PAGE 1

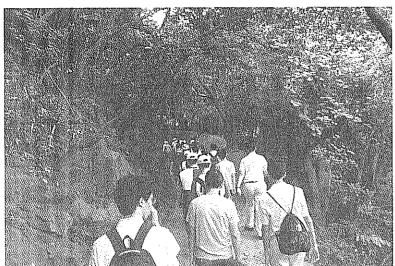
Vol.46 No.1

### King's College 90th Anniversary Celebration - The Fundraising Walkathon

November 14<sup>th</sup>, 2015 was surely an important day for all Kingsians as it kick-started the series of activities to celebrate the 90th Anniversary of King's College. The Fundraising Walkathon was a prelude to other 90th anniversary celebration activities, including the Homecoming Day, the Junior Chapter Banquet, the Anniversary Banquet, the Speech Day, the Open Days, the Public Lectures and the Anniversary Concert.

Guests of Honour, Ms. Cynthia Chan (Chief School Development Officer), Dr. Yeung Kai-kin (President of King's College Old Boys' Association) and Principal Mrs. Chan officiated the inauguration ceremony and witnessed this historic moment together with about 400 guests, alumni, staff and students of the school. This good turnout showed that people responded enthusiastically to support the event. They wear unifying walkathon baseball caps to show the best school spirit and solidarity.



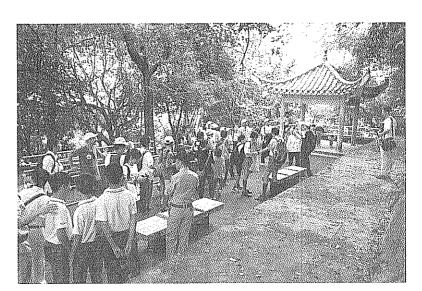


The kick-off ceremony was followed by the walkathon, which started and ended at the campus. The baseball caps created a yellow trail along Honiton Road, Babington Path, Robinson Road, Kotewall Road and Pokfulam Road.

The sunny and cool weather was such a good complement to the smiling photogenic faces at every stop along the route. Everyone enjoyed the magnificent scenic view of the Victoria Harbour on the way to the finish line. It was not just about getting close with the wonderful natural environment nature provided and a sense of vitality to this peaceful and natural scenery, it was also about bonding with other people who shared the love and care towards King's College as place for educating young leaders of tomorrow. As participants descended from the hill, they carried with them a feeling of satisfaction like no other. Not only was it a fundraising event, it was also a great spirit raising event of the year.

The walkathon was a huge success. Student helpers including the Masters of Ceremony, the School Prefects and the 90th Anniversary Celebration Student Organizing Committee all contributed a lot to the success.

"We ourselves must write the story," as our school song goes. To continue the unique story of King's College, in this special year, we Kingsians shall "Build Excellence on Proud Traditions". Happy 90th Anniversary to King's College!



### King's College 90th Anniversary Celebration - Homecoming Day

The school has long had the tradition of welcoming back alumni to their alma mater. The school's 90th anniversary is definitely a time to go back to the campus, see old friends and reminisce about the school days.

About 200 people including the alumni, their families, retired teachers and the school staff gathered, and it was such a joy to see so many alumni return to renew old friendships and to see how King's College has grown and changed for the better. It was a good opportunity for the graduates to renew their friendships and exchange opinions with each other in a friendly atmosphere.

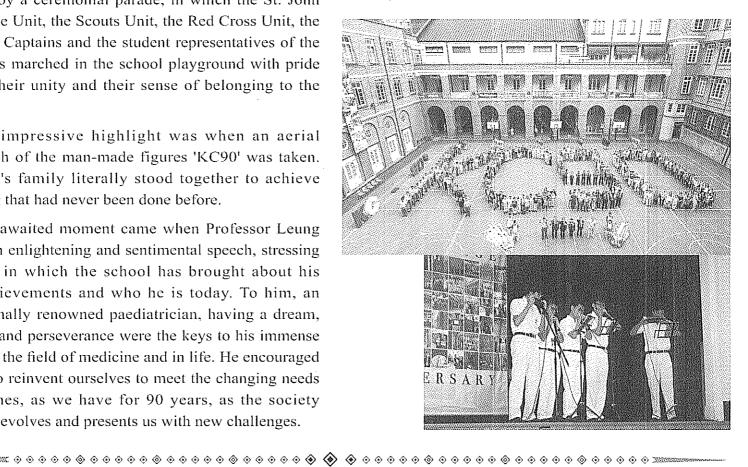
The homecoming programme started with the lively traditional lion dance and music performances by our students, as music has always been an important part of any school's celebrations. Together with our Principal Mrs. Chan, our guest of honour, Professor Leung Naikong officiated the eye-dotting ceremony. This was followed by a ceremonial parade, in which the St. John Ambulance Unit, the Scouts Unit, the Red Cross Unit, the six House Captains and the student representatives of the six Houses marched in the school playground with pride to show their unity and their sense of belonging to the school.

Another impressive highlight was when an aerial photograph of the man-made figures 'KC90' was taken. The King's family literally stood together to achieve something that had never been done before.

The long-awaited moment came when Professor Leung gave us an enlightening and sentimental speech, stressing the ways in which the school has brought about his great achievements and who he is today. To him, an internationally renowned paediatrician, having a dream, a passion and perseverance were the keys to his immense success in the field of medicine and in life. He encouraged students to reinvent ourselves to meet the changing needs of the times, as we have for 90 years, as the society around us evolves and presents us with new challenges.

Celebrating the achievements of our recent graduates was also an important part of the Homecoming Day. Cheung Wai-wa, who was the Head Prefect in 2014-2015, and Chan Lok-pong, who attained eight straight Level 5\*\* in the 2015 HKDSE, came back to the school to share their experiences and tips on being a successful learner and their pride of embodying the King's spirits.

Looking back over 90 years of King's College's history, the remarkable success of this government school that the community respects is due to its ability to continuously reinvent itself. But some things will never change. At heart we will be what we have always been, a place where earnest students and dedicated staff work together to ensure the success of the students. The school challenges students to empower them to become the very best that they can, and to produce men of uncommon integrity, competence and maturity who are responsible citizens and lifelong learners.



### Fig Tree Condition - An interview with Mrs. Chan

6A Henry Fong and 6A Kenny Wong

The collapse of a nearby Chinese Banyan on 19 April 2015 has captured Kingsians' attention towards the health and well-being of our emblematic Fig Tree. Our principal, Mrs. Chan, shared her concerns in an interview with The Bridge.

According to her, tree experts are hired every year

to assess whether there are pests and fungi living inside, and they compile a comprehensive tree report afterwards. "So you may ask, there is no way for us to see through the tree, so how can they evaluate the condition of the tree thoroughly?" That was a spot-on question we would like to ask. "A long needle-like thing is

injected into the tree trunk to check the density, so you know, if the tree is strong, it should have a high density, or else the other way round." continued Mrs. Chan. The skin of the tree has been a bit fragile, and pests were once found inside the tree. The school immediately contacted pest control agents and have the buggies removed.

The tree has knots but you probably would not notice then. We were told that there were a few branches in the first place, but then they were cut as they were seemingly going to bring the tree down. Nonetheless, it turned out they should not have been removed due to the fact that they helped balance the tree. "The tree became unbalanced but thankfully it is surrounded by our brick walls so it has not been blown away by strong wind, like what happened to the tree nearby the other day," she said.

Over the years, Principal Chan together with a few teachers have sought alternatives to replace the existing Fig Tree upon meeting its end. "Previously I approached Mr. Ken So, the Chief Executive of the Conservancy Association, to find out if it is possible for the tree to have its offspring. Unfortunately, he discovered that the Fig Tree is a male tree that is unable to reproduce by

itself. Not only are our students male, but even the tree itself is a male!" coincidences are everywhere. She has also called the Agriculture, Fisheries and Conservation Department to see if they have a tree of the same breed. Haplessly, it was a no for the fact that our Fig Tree is a wild breed.

Although the collapse of the tree might be inevitable sooner or later, Mrs. Chan was glad that the tree has subsisted by itself for so long. She told The Bridge that such breeds of trees do not usually have a long lifespan. "It is sort of a miracle that the tree still stands, thanks to the protection against the wind provided by the red bricks, the support of the alumni and the careful-tending of our janitors."

"My responsibility is also to ensure students a safe learning environment," said our Principal. "Many alumni are concerned about the health of the tree, so I constantly give them the latest update," she added.

The condition of the tree has become better lately. Mrs. Chan is happy that the tree has managed to survive by itself in times of hardship. She also told The Bridge that students are always welcomed to approach her should they be interested in the well-being of the tree.

### Prefect Pride

6B Ng Ho Ka Oscar

In a school, organization is critical, as is the inclusion of students as part of that organization. The position of the Prefect Body is a position of responsibility and one which provides an important connection between students. The Prefects are responsible for maintaining and enhancing the culture of good discipline in the school.

Prefects are significant role models and therefore are expected to demonstrate the spirits and values of King's College in their daily lives as well as encouraging them in others. My fellow schoolmates look up to me and follow my example, therefore it is imperative that I set a good example. My actions, and the way I conduct myself, are especially important and will have a big impact on other students. I need to treat all students equally and fairly and work to ensure that the students I represent are cared for and supported.

To get new students familiarized with the new school environment and the school regulations, the Prefect Body introduced the 'Convener Scheme' for the Secondary One and Two students. Prefects have to help the newcomers who feel alone or left out, and it is our responsibility to make them welcome and included in their school life.

To me, being a Prefect means providing leadership to the student body, assisting teachers with various duties like morning assembly duties, assisting the organization and running of various school functions and actively participating in the development of school spirit and pride, and upholding the traditions and values of King's College.

The meaning of being a Prefect is certainly beyond finishing the duties. The role of Prefect provides the opportunity for me to be educated and equipped on my role as a leader and how I can effectively and efficiently carry out my responsibilities for the benefit of all. The role of Prefect also brings out my leadership qualities for higher responsibilities in the future. It is a stepping stone for me to become a better leader in the future, with a desire to render selfless service as well as respect the rights of those I lead.

The Prefect badge that I wear on my uniform every day really embodies the spirit of the fig tree - being sturdy and not showy. Unlike other clubs and societies, Prefects do not have a long list of achievements to display. But the satisfaction is already a reward. It is an honour and a privilege to be a Prefect. It makes me profoundly happy. It makes my heart swell with pride.

The Prefect Body is the beating heart of King's College. We serve for the greater good of the school. The responsibility of passing on the King's spirit rests on our shoulders.

### **Beyond the Textbooks**

As full time secondary school students, we find ourselves at most circumstances choose revision over acquisition of new knowledge. The pressure of schoolwork does take its toll on all of us. Yet the wheel of time does not halt, once we graduate from school and step into society, you may not have a person to turn to. There are certain things about life that go beyond the textbooks. The Bridge presents you 20 useful life hacks. Hopefully after you have finished reading this, you will be inspired to come up with more life wisdom in the future!

### What is a life hack?

Life hacks are simple and out-of-the-box solutions for different seemingly difficult-to-solve life problems and dilemma. They are any tricks, shortcuts, skills or novelty methods that increases productivity and efficiency. The word was originally used exclusively among the Information Technological community, and then in 2004 it got popular after being introduced during the O'Relly Emerging Technology Conference and started to go viral among bloggers as well. In June 2011, the word was also added to the Oxford Dictionaries Online. As the word became more and more recognized, comical pictures with life hacks attached invaded the Facebook walls of millions of users as well. The word's meaning coverage extended rapidly, covering almost all walks of life.

### Life hack 1 - Note-taking skills

We believe many Kingsians are accustomed to taking notes in class to improve studying and revision efficiency. Yet, there is definitely a way to make the whole gruesome process less messy and so much more pleasant! When taking notes in class, leave a few pages in the front for a table of contents. This will make it 100 times easier at the end of the year to study once you have a full notebook.

### Life hack 2 - Problems with gums

Enjoy chewing gums but hate it when you get gums sticking all over your clothes? Fear not! Heat up some vinegar and rub it on the area. It will come off immediately!

### Life hack 3 - summer stain removal guide

So it is finally summer and you are banging for outdoor activities with all your equally hyperactive bros! Hiking, mountaineering, having the best time of your life out in the woods... Oops, you get stains on your brand new white T-shirts, or your emerald trousers... What to do? Don't worry! We have the removal guide for you!

Stains	How to remove them
Barbecue Sauce	Dish detergent and vinegar to cut the colour and the grease
Fruits and Veggies	Place clothes over a bowl of boiling water and scrub out
Gras <sup>S</sup>	Soak in hot water, then scrub with a mix of 1 part dish soap to 2 parts hydrogen peroxide
Sweat	Hand wash with dish liquid, hydrogen peroxide and some baking soda
Dirt and mud	Some dish soap with grease fighting elements will do the trick
Mustard, mayo and ketchup	Soap and water for clothing, soapy sponge with lemon juice for rugs and furniture

### Life hack 4 - Body weight problem

Are your mean classmates making fun of your body weight? Want to shake off the calumny but secretly admitting the japes as well? Well, my fellow fatties, here are five drinks that help you lose weight: water, unsweetened tea, skim milk, black coffee and vegetable juice. Just replace your routine soda and fizzy drinks with the above options and you'll do just fine!

### Life hack 5 - Birds away

While it is undeniable that bird chirps is among one of the most pleasant voices on Earth, there is surely a cost to pay in order to enjoy one of their free concerts! When it comes to birdy droppings, I'm sure even the humblest persona will find it a struggle to maintain a cool composure. Yet there is surely a way for you to avoid bird poop! Just leave a toy snake on the susceptible regions! birds are scared of snakes and once they spot your "sentinel", they will stay far, far away...

### Life hack 6 - in need of a good sleep

Drowsy, plagued by fatigue but unable to sleep because of a stiff pillow? Well, from now on you will never have to worry about pillows losing their fluffiness! Just put them in the dryer with a couple tennis balls and that store-bought fluffiness will return.

### Life hack 7 - apple stickers

Ever go shopping with mum and see random number stickers on apples? There are actually meanings to those stickers! 4-numbers-stickers indicate conventionally grown apples while 5-numbers-stickers starting with 8 and 9 indicate genetically and organically grown apples respectively. So the next time you will know more about what you put into your mouth when you make your purchases!

### Life hack 8 - for the lazy packers

Are you the travelling type who enjoys moving around? When moving, instead of folding all your clothes into a box or a suitcase, try to wrap them in a large gallon garbage bag right on their hangers for easy transportation!

### Life hack 9 – Life in colour

Can't come up with any fun summer action? Here's a creative one: just fill some water guns with water-color paints and have a fight while wearing all white clothing. Now that's what I call life in color, literally.

### Life hack 10 - Home sweet home

Feeling stifling and stuffy inside your house? Try to make your house smell amazing by boiling some orange peels with 0.5 teaspoon of cinnamon on Medium heat. Now all who come to visit you will never leave...

### Life hack 11 - Nocturnal salvation

Maybe you're just staying up late for the finals, maybe you're simply determined to beat your high score on Flappy Birds or Piano Tiles...in either case, being a nocturnal animal comes with a cost: the quite noticeable bags under your eyes that may sometimes ruin your chiseled good looks. Get a raw potato, wash it and peel it. Cut two slices off and place directly under your eyes. Relax for a few minutes. How easy comes the salvation!

### Life hack 12 - In a world filled with sarcasm

So fed up with your sarcastic friend who always acts like he's above every body else? Sometimes you just want to give him a high five in the face...but be glad that rationality holds you back, for sarcasm is a brain stimulant. Surrounding yourself with sarcastic people and having sarcastic friends has been proven to make you more creative. Now, that's something no one can deny.

### Life hack 13 - Golden spot

You're about to choose a seat for tonight's concert, the stadium is huge, many seats are available...so which is the best option? As a matter of fact, for the best sound at a concert, sit as close to the audio engineer as possible. Also, they need a clear line of sight to the stage, so chances are you'll get a great view too.

### Life hack 14 - Running out of music

In a world filled with big brand sell out artists like Taylor Swift, where to find good and soulful music to listen to? Maybe instead of following the trend, try finding out what your favorite artists listen(ed) to, and listen to THOSE artists.

### Life hack 15 - Screwdriver frustration

There's nothing more frustrating than a screwdriver not catching on to a stripped screw. Yet next time when this happens, instead of yelling to your mum or calling for professional maintenance, try placing a rubber band over the head. The rubber will fill in the gaps, making it easy to screw in or out.

### Life hack 16 - Ideal fire starter

Going camping? Bring a bag of cotton balls lathered in petroleum jelly. Put a few under the firewood and light them up. Easy and instant fire starter...you see, you don't need to bring your self-absorbed "scoutish" friend to belittle your self esteem, with a little bit of wits, all of us can start a fire whenever we want.

### Life hack 17 - Bathing euphoria

Steam rising, you get a couple of Coldplay jams easing your everyday life tension, how can a bath possibly get more enjoyable than that? Well, you can hang eucalyptus around your showerhead. The steam will release an amazing fragrance and beneficial oils every time you have a shower. It's time for a nosegasm.

### Life hack 18 - No more ads

Sick of obnoxious Spotify ads in between songs? Double-clicking the Pause/Play button will mute the ad while it plays.

### Life hack 19 - iPhone texting

I'm sure many of you have been using iPhone since the very beginning. But do you know that when texting on an iPhone, you can hit the space bar twice for a period instead of scrolling to the next page every time. It also adds a space and capitalizes the next letter automatically. Ha! Didn't see that coming did you?

### Life hack 20 - Killer email titles

When you apply for a job in the future and want to send a resume by email, name it "YourName.pdf" instead of "resume.pdf", so the person downloading and reading resumes can tell it's yours. Seriously, this shouldn't even be a life hack! It's just common against here.

For more interesting life hacks, you can visit 1000LifeHacks at http://1000lifehacks.com.



### Tips for SBAs

6A Kenny Wong

To junior form students, subject electives and school-based assessments may all seem a little bit far-fetched. Yet for senior form students, it should not be something new. In fact, they might be working on it at this very moment! Either way, The Bridge is bringing you an overview of the school-based assessments for different subjects. Apart from Chinese Language, Liberal Studies and Chinese History, all assessments are conducted in English. For all the English subjects, we have also accumulated tips from teachers on how to ace the tests! So before you continue typing disastrously on your laptop, why not lay back and check out the tips first? They might be extra useful!

Subject	What to do	Tips from Teachers
Chinese	Students are required to write book reports on various book genres including novels, news novels and social commentaries. There are also collaborative projects with topics based on electives like journalism and drama. Apart from the group projects, there are also individual assignments based on the same electives.	Ms. Chow Sin-han  Start early  Be prepared  Know the assessment criteria
English	Speaking examinations on print fiction, print non-fiction, non-print fiction and non-print non-fiction. Assessment formats include individual presentation and group interaction.	Ms. Bonnie Ng Try achieving a balance between content and interaction strategies Pay attention to time allocation Get a scope of ideas to enrich content Practise beforehand and model good speakers
Liberal Studies	Independent Enquiry Study (IES): Students are required to do research on a topic they find interesting and finish a research report based on their findings.	Ms. Ho Yee-hang  Choose a manageable topic  Check out primary and secondary resources  Learn how to do information analysis
Physics	Conduct experiments on topics covered during lessons and prepare experimental reports.	Mr. Lee Cheuk-wa Do your research Be concise Believe in numbers, not instinct
Chemistry	Conduct experiments and write experimental reports to show the findings and analysis.	Mr. Kong Hon-leung Focus on proper laboratory skills and careful use of tools (e.g. the burette) Careful observation Make minor modifications to experiment procedures to achieve the best results
Biology	A field trip is arranged for students to visit a particular natural landscape during which students can do observations and compile a written report. Then at school students will be asked to conduct	Ms. Wong Hung-tuen  - Careful observation  - Ask questions when encountering difficulties

	experiments and prepare experimental reports.	Be careful about controlling the variables when doing the experiments
ICT	Computer program writing	Mr. Chan Pun-tak  Read more about program writing  Make reference to other nicely written programs  Be creative  Show skills as much as you can

### **New Teacher Interviews**

### Mr. Chan Chun

3A Rambo So) and 4A Oscar Ho

1. Why did you choose to be an English teacher?

I did not have much teaching experience before, but I used to work as a student teacher twice. The reason why I became an English teacher but not a Math teacher is I performed better in both language subjects back in high school. I feel lucky that I'm doing something that I love. Teaching is a meaningful job where I can give something back to society with what I can do. That's why I chose to be an English teacher.

2. What adjective would you use to describe Kingsians?

To describe Kingsians, I would say they are energetic. I mean, Kingsians always organize lots of activities and participate in lots of functions both inside and outside the school. And apart from these learning experiences, many of them enjoy playing with their peers at the playground.

3. English is one of the most important subjects in King's College. Some S.1 students came from Chinese primary school so they find it hard to get used to the English learning environment easily. So, do you have any suggestions for improving English for the junior students?

Kingsians can study topics or current issues that they are interested in to practise their reading, writing, listening and even speaking skills. If you like to read, you can start with something easy. It is sometimes hard to start with materials that are completely written in English. There are books written bilingually and students can use the Chinese translation as an aid to understand the content. After reading the Chinese part, move on to the English translation. As you read, make comparison between the grammar, sentence structures and expressions of the two languages. This can really bring about improvements. Take this up as a habit in order to get used to reading English.

Talking about my experience, years ago I read Wikipedia a lot ... Not now, of course! I don't really have much time for it now. But as a junior secondary student, I found Wikipedia entries very interesting. I could acquire knowledge and ideas in different fields, especially those that got me interested. They were good reads.

If Kingsians want to improve their listening skills, they can watch some short clips or vlogs on YouTube. You know, there are lots of famous YouTubers and vloggers in Hong Kong. I think you may be familiar with some of them. In the English world, there are

also vloggers. Pick a video that suits your interest, and this can be a good way to improve your listening skills. Actually, like Maths, English is everywhere. And it is certainly not just about exams, past papers or textbooks.



### Ms. Ng Yin-ting Irene

4A Howell Hui and 4D Michael Tang

1. What do you think of the students in King's College? Before coming to King's College, I taught at Queen Elizabeth School (QES). King's and QES are both Band One schools, and students are of similar academic standards. QES is a co-educational school



with 70% girls and 30% boys. Girls are better at learning language and some of them are really caring and know how to make teachers feel good. For example, they would write Christmas cards to teachers at Christmas and prepare chocolate on Valentine's Day.

Boys in King's College are better at mathematics and science. They don't want to put away their math books until I pretend to intimidate them during my lessons. They like science. Once I had lunch with some S6 boys and they kept talking about some science experiments, which actually made me feel a bit bored.

I think boys here have a strong sense of belonging and they love their school. This really deserves my appreciation.

2. Can you suggest some techniques for students to study English well?

Students have a good English foundation. I really appreciate their writing skills. I have also spotted some good English speakers. However, many of them do not have enough confidence and are shy to speak in front of a large group of audience. So, to have better English, I think the most important thing is to have an English-rich environment. Fortunately, our school has been providing students with a good English environment. For example, King's Morning is a platform for students to speak in front of fellow Kingsians. I quite enjoy listening to students' presentations and I was able to identify some eloquent speakers.

Because of the close relationship between a language-rich environment and students' exposure to English, I would want to encourage Kingsians to participate actively in activities and competitions organized by the English Department, the English Society, the English Debating and Public Speaking Society and the English Drama Club. Nobody knows how to swim unless they jump into the water and swim. This is also true when we are learning English, which is a second language for us.

Apart from joining activities organized by the school, joining exchange programmes (I mean those to English-speaking countries) can really help one to polish their listening and speaking skills.

Finally, I really think reading is indispensable if you want to improve your English, especially writing. The advantages of reading is that we can learn vocabulary in context. You usually encounter new words when you read. If there are too many new words for you, then the comprehension level is too high and you should read something simpler. But if there are, say, five new words per page, you will learn them easily. You may not even need to use a dictionary because you can work out the meaning from the rest of the text. Not only do you learn new words, but you also see them being used naturally in real life.

Reading is a model for writing. When you read, it gives you a good example for writing. Texts that you read show you structures and expressions that you can use when you write.

Through reading, we can see 'correctly structured' English. When people write, they usually use 'correct' English with proper grammatical structures. This is not always true when people speak. So, by reading you see and learn grammatical English naturally.

Because there are so many advantages of reading, I encourage Kingsians to cultivate a good reading habit. Read novels, newspapers or magazines at least 20 minutes a day. Make sure you choose something that you like, and this will keep you going.

3. What is it about King's College that you enjoy the most?

I would say teaching and interaction with students. I was so blessed that I didn't need much time to get used to the learning styles of the students. I enjoyed every single lesson even though some classes are quite noisy. Having said so, sometimes I appreciate this positive kind of noise. For example, when I asked my S.4 boys to come out to do presentations, I was so amazed to see the other boys in the audience kept interacting with the presenters. Instead of listening passively in silence, they were quite engaged in the presentation of their friends. The second example is with my S.5 students. Once I touched upon an issue on discrimination and I taught them the term 'LGBT', they were first very quiet. But five seconds after my explanation, they started talking about silly jokes and funny things. That lesson was hilarious. I really have a great sense of achievement in teaching here, and I really like the interaction in the classroom. I really hope this positive feeling can go on.

### Mr. Jim Wing-man

4A Howell Hui and 4D Michael Tang

1. What do you teach? And what is your hobby?

I joined the King's family this year and I'm teaching junior Liberal Studies, Geography and Economics classes. Outside the classroom, I enjoy reading and watching football matches. Like many of you, I also like watching movies every now and then – Our Times, a recent Taiwanese hit film, is one of his favourites.



2. Having taught here for some time, what would you like to say to the students?

Having taught here for several months, I have already got used to their learning styles and ways of doing things. Being asked about what areas students need to make improvement on, I can give some pieces of advice. I suggest that students should take a step back when they are trying to figure out a solution to a problem.

Students' thinking can be quite disorganized sometimes. Improving their thinking patterns can help them sharpen their logical thinking. Engaging in mental exercises and recognizing irrational thoughts are ways to work on thinking more logically.

I recommends students read books written by Mr. Lee Tin-ming, a local philosopher and writer. I'm convinced that his works can inspire students to discover new dimensions and think in new ways.

Another thing that I'd like to stress during this one-on-one interview is that students can make good use of the learning resources provided by the school to facilitate their learning. Students should reach out to their teachers more often if they have questions, and they can also visit the school library for additional readings. They do not need to be an all-rounder like Leonardo da Vinci, but they need to try their best in everything they do. Value their time, do meaningful things and focus on studying.

### Mr. Lee Cheuk-wa

4A Brayden Hou and 4A Keith Kwok

1. How do you build a harmonious relationship with your students while maintaining a professional teacher image?

I don't find that there is a contradiction between having a positive teacher-student relationship and being professional. If students understand my expectations in the classroom, the purpose of using discipline and the school rules, then they will understand why discipline is important and follow the



rules willingly. In their mind, they do know that teachers love them and care about them. I can still be very professional while having a good relationship with my students.

2. Which method do you think is the best to discipline students? To act tough or talk soft?

My answer is it depends. Sometimes I act tough, and sometime I talk soft. It largely depends on the scenario and the type of the students I am dealing with. I mostly follow a set of principles when it comes to student discipline. I first need to show students that classroom discipline is not something they should take lightly. I make sure that students are aware of the rules, which are reviewed regularly. I also need to be firm and consistent. Another thing that I find effective is that I reward students for their positive behaviour.

3. Do you have any hobbies? What do you do in your spare time? Well, I like watching movies, listening to music and playing TV games, to name a few. I have found that I can be so busy with work that I can't find time for them. The school holidays would be a good time for me to relax a bit and to take up my hobbies once again.

4. We often see you carry an iPad to your lessons. What is your opinion on making use of technology in teaching?

I guess it is a very good tool for teachers to display some key teaching points using the apps in the iPad, and I can also use it to share information with the class during lessons. Furthermore, the internet function of the iPad is really useful for research and additional readings. For example, students can do self-study and pre-lesson preparation online before lessons. They can also do group projects in a way when they can edit an online word file or a PowerPoint file together instantaneously. I foresee that it will be a trend in our school with more extensive use of iPad or other mobile devices in

5. As a Physics teacher, how do you understand the problem of the decreasing number of students taking Physics as a senior secondary subject elective?

It's true that more and more students do not consider taking Physics as a subject elective these days because the subject is too difficult for them to handle. But I don't think this is a problem for Kingsians at all. Although Physics is in no way an easy subject to study, I still think that students here are performing reasonably well. They should work hard and have confidence in themselves. The public exam results are not too bad. The percentages of Secondary 6 students getting Level 5 or above are higher than those of the other two science subjects. With that said, there is always room for improvement. Students should always work hard and be perseverant and committed.

### Mr. Lee Ho-yin Silvester

4A Brayden Hou and 4A Keith Kwok

1. What is your first impression of Kingsians?

They are smart, and they can be silly sometimes. After chatting with them, I think they are very good students, and are able to behave properly most of the time. In one of my classes — 4A, I always



encourage them to be more active in their school lives and to be leaders in different clubs and societies in school. Now, some of them have actually become the students-in-charge for different clubs and societies. They are smart enough to make the right move.

2. As a new teacher, how do you develop a good rapport with your students?

First of all, I think it is about how to connect with my students. Being student-centred is one of my teaching philosophy. It can be tough for me to connect with them sometimes. But I try talking to them in my spare time about video games or mobile apps, trying to strike up conversations with them so as to enable me to know more about them. I hope they find me friendly and approachable.

3. As an ICT teacher, what is your opinion about making use of technology in teaching?

The school provides a good learning and teaching environment for teachers and students. For example, a wifi network has been set up on the campus. Also, we have other devices such as iPad, so that students can do some online tasks during lessons. Besides, I had a workshop with teachers, showing them how to do mind maps using an iPad, which I think is very effective for writing practice. Students can construct their writing outlines and organize their ideas better. I hope other subjects can also take advantage of the technology in the classroom.

4. People have been saying that studying IT and being an IT technician is not really a great choice. What is your opinion on this?

Of course, I don't believe this. Actually, IT technicians are in great demand in Hong Kong. It can actually be an opportunity for someone to become the next billionaire. As you see, Bill Gates, the founder of Microsoft, is now one of the richest men in the world. Working in the IT industry can give you a chance to improve the world and the future of the industry is not bad. Nowadays, I think app development captures people's attention. Therefore, I will encourage students to take part in computer programming or coding competitions. I hope Kingsians can compete in them and win prizes. Better still, they can build a good career in the IT industry, writing new apps and programmes after they graduate from university.

5. As the teacher-in-charge of martial arts, how do you promote this new activity to Kingsians?

I would like to promote martial arts in school, and it would be fun to involve students in Kung Fu or lion dance as an after school activity. I might also organize a competition for students who are interested in these traditional art forms.

6. As the discipline master in your former school, what is the difference between teaching your former students and students here at King's College?

Actually, in King's College, I do not need to do anything for my students to follow my instructions. Of course, sometimes, I need to arrange detention classes for individual students, but not for many of them. However, the discipline problems in my previous school were more difficult to handle. I needed to issue many demerit letters to students and met with their parents to discuss their misconduct. Sometimes, when a student committed a criminal offence, I had to call the police. In a nutshell, different schools have different cultures and require different ways of doing things.

7. What do you usually do for leisure?

As you may know, I am learning martial arts, and my master's master is Wong Fei-hong. Therefore, I go for practice when I have time. Other than this, I usually hang out with my two kids. We often go to the cinema to watch movies or try out different interesting restaurants all around Flong Kong. We also go swimming or take a trip during long holidays. We went to Korea last Christmas and had a blast there.

### Mr. Yung Chi-hang

3A Rambo So and 4A Oscar Ho

1. How is King's College different from the previous school you taught at?

The two schools are quite different. First of all, compared with the previous school I taught at, King's College is a boys' school with a long history. Kingsians like to participate in various extracurricular activities, including team sports like football and basketball, and music groups like the Harmonica Band and the Orchestra. The teams win many awards and trophies in various competitions.



Walking along the school corridors, I usually see alumni come back to their alma mater. Maybe they are now studying at the University of Hong Kong, so they come back to visit their teachers or maybe they live nearby. I can tell they value the relationship they have with their teachers here — they look like they have become friends. It is not easy to find this type of relationship at other schools.

As an S.1 class teacher, I know that there is the 'Fig Boy Scheme' and the 'English Ambassador Scheme' for the new students. My students told me that the seniors had sometimes visited them, talked to them and taught them study skills during lunchtime. I think these schemes do not only help pass the King's spirit to the junior students, but they also help the students adapt to the new environment.

2. Why do you become a school teacher?

I have come to love mathematics and science subjects since S.4. Later on, I studied science-related subjects at university.

Let's talk about mathematics first. Teaching mathematics is similar to teaching students what logic is. I find that many senior students can't solve math questions, for example the 'proof problems', properly. As a teacher, I am here to help them.

Integrated science is totally different from mathematics. In science, students are required to ask questions and collect data in order to answer certain questions. Moreover, students can do experiments in the laboratory. Through doing experiments, students can learn different lab techniques, which they cannot learn by themselves. For example, students can learn how to light a Bunsen burner in the laboratory. Teaching junior forms science also requires teaching basic safety precautions and lab skills. If they don't know them, it would be difficult for them when they take those senior science classes. Science is not a textbook-based subject, but a subject for students to explore and discover through experiential learning. That's why I like to be a science teacher.

3. Do you have anything to say to Kingsians?

Admission to King's College is just the first stage of your secondary school journey, which means there's still a long way to go. During the parent-teacher conference, I found that a lot of parents were that their sons were admitted to this school. What I want to say is that students should stay alert to the challenges ahead because many things can change in six years. Hardworking students may get lots of 'stars' in the HKDSE, but lazy students may not because they have wasted their valuable time. Moreover, I think that Kingsians should have a balanced lifestyle and make every day count.

Other than the academic aspect, extra-curricular activities also play an important role in one's school life. For example, participating in debating competitions or being a member of the uniform groups can definitely widen your horizons and also help you gain experiences. In the future, you might be the one who leads the Student Union and runs activities for other students. Through participating in the activities, you may discover your talents and strengths in different areas.

Gaining different experiences is also very important because you need them in your studies and career. From extra-curricular activities, you can learn about workplace communication and work attitude, something you can't learn from mathematics or science. I hope Kingsians can enjoy their school life and participate in more extra-curricular activities.